

## The Monthly Observations

*for June 2024*



Welcome to Psychic & Energy Work's *Observations* for "June 2024". They profile this month spiritually, energetically and numerologically to help you make sense of what unfolds. Implicit in this is intuition. What we sense and witness always tries to inform us. In the thick of things, self can forget. Life is constantly pointing to ways through and up.

These *Observations* can be worth reading with *This Year's* forecast. Do that [here](#);

scroll down to discover what's in store *This Month*;

visit [The Archives](#) to review last or earlier months.

### Recapping last month...

"May 2024" brought a few shifts in gear. The chart flagged this. Did you experience this? **We're all in a new zone of learning and becoming. With that, can emerge uncertainty.** "8" years advise that we've a few more moments to go in sorting and concluding, then starting anew. Is it any wonder that some have felt less confident? Lots of people have been.

The above, in itself, indicates that any sense of wobble is a sign that you're on track. Times of big unknowns are discovery chapters. **We can, as adults, assume that flow's supposed to stay the same. Enter this year: a phase for growth that we're only just getting the hang of.** Big shifts in gear always prompt "I can't" first. Through this, life's trying to guide us to realise and actualise real good more.

So, there's no surprise if you've been feeling tender or worn these last few months. Sometimes, in this, self talk can infer that "I" am doing something wrong. **"Eight" phases (this year) can make life uber busy(-ier!) physically, mentally, energetically. Self can, in such times, yearn for more space to pause and/or deal with things.** "If only I had more time" is a common "8" refrain. This number always heightens such dynamics and, through this, helps folk prioritise better for now in some way.

Busyness helps self audit what it's entertaining; cull where that's needed; co-create more on track. Last month's chart signalled such rhythms. It wanted people checking how they are approaching life. Three "8"s presented to reinforce what's outlined above. **Self learns best, forever, through what isn't right. We make our best choices when we listen to gut feel.** Learning how "I" tick and how "my" life flows as a rhythm is key to manifesting what we each know is possible. Limits present not only guide us; they're great prompts for action when they're hit hard. In comes "June", with "5"s taking up whatever "8"s grew. "Five" represents possibility.

Your next "what next?" could have started emerging last month. As discussed in "May"s [Monthly Update](#), **"5" reveals more about the path we're each here to tread. Such themes could continue presenting this "June" to guide, heal, educate you.** Through this, if it happens, you'll discover more; kick into confidence, strength, resilience. "Five" says "You can" and "Life will support you" even

when the odds look bad. The first step in actually living that picture is to know such things as core facts.

You know, life helps us all fill the gaps we're affirming in potential, value, support. Making room for divine guidance/help makes a difference. Things can get murky/murkier whenever self thinks it has to cope/achieve all alone. **Soul-level self – in each of us - knows it can handle anything. Egoic – reactive and pessimistic – self, in the day to day, forgets such things.** How are you going as a tapper-in to and receiver from flow, Source, life? Don't be surprised if this month shows you more in ways that energise and add value and sense.

Review what Fran wrote about last month in *The Archives*.

Also – even now! – get across her [Observations for This Year](#).

**Would you rather hear the *Monthly Observations*? order your files [here](#)...**

Oh and click here to read the *Observations about 2024*. 😊

Psychic & Energy Work offers face-to-face, video, phone or email consultations. Every format is just as effective. **To book or ask a question, contact Fran [here](#).**

ps... Fran's not on email all of the time. Call or sms for a prompt reply.

### THIS "JUNE'S" PROFILE

Each month delivers its own dynamics which interact with the year's chart. **Checking out the numbers in this respect can help explain what's going on.** Profiles like this can boost resilience, stamina, confidence, trust in life. Outlined below are this "June's" key numbers followed by some *Observations*.

Oh and ps.... It might be worth reading my [Observations about This New Year](#) before you continue. They will reinforce what's discussed below and, hopefully, add value. Click here to read them and [here](#) if you'd rather listen to them.

### This Month's Chart

	<u>each year</u>	<u>in 2024</u>
<b>Birth Number</b> - what we're here to learn about & exemplify again	6	2030/5
<b>M.O.</b> – the rhythms/lessons that will steer us to the birth number	14/5	117/9
<b>Reality Number</b> - the spiritual result(s) of doing such things	20/2	2147/5

### This "June"s numerological tally....

Combined with the year's numerological profile, this month offers the following count. Examining a chart from this angle can help to explain what's going on. It doesn't, in itself, signal "good" or "bad". Life often delivers a mix of those wavelengths. What we can find initially jarring comes to guide us to better end states if we let it.

The tally for this "June" is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	5	6	8	3	4	3	1	3	1	1

When a number presents three or more times, its energetic and spiritual themes (and lessons!) tend to increase. **Bear in mind that the above doesn't talk about your personal chart at all. The numbers in that will reinforce the tally above. Get in contact if you'd like me to explore this with you. Whilst numerology is only one frame, it can help us make sense of dynamics as they play through.**

Let's look at how this month could present in your world.....

### "June" carries "6" and "2030/5" as birth numbers

it's time to rebalance and stretch where self is ready to

"2030/5" is potent because it contains those "zeros" and a "five. **"Nought" can point to more spiritual dynamics. It can manifest as space in welcomed or unsettling ways. In one sense, it's Source interacting louder (more obviously) with humans.** "Zero" zones can see us more aware of and embroiled with the world of energy - spirit, intuition, thought waves, sensations... anything that "just" pops up/in.

The key to keeping one's chariot centred is to choose, first, the energy we want as our constant guide. "0" always flags a spiritual chapter especially when it teams up with other numbers. **The need for space – felt as a need or brought by Divine (life) – could become louder in your world this month. Use time out as the need arises.** "Zero" marks the start; a space where newness really, truly wants to bloom. When two "noughts" appear in the same number, life's hinting at a greater/louder level of this.

New flow manifests in different ways for different people. Listen to your gut to achieve what's solid and step through. Don't be surprised if invisible or intuitive moments present thicker/faster this month. **The universe is real and constantly communicates, always in a bid to help. "6" can present as more chances to rest, relax, heal, release.** It's a zone that helps self process past, future and present, and make sense of whatever we need to really get on with. "0" and "6", appearing in "June"s birth numbers, could solidly highlight what you now need. "Six" says "heal self, planet and others by focusing on breath and letting everything shape shift".

We tend to build best by starting with what's truly there. "6" phases help conscious self to do that. This number can flag a pause in proceedings, rather like a tea break. It promotes chances to stop searching, working, making. Confirming where we're at always helps us best step forward. **Those "0"s in this month's specific birth number could help you strengthen and realign where you need. "5" flags change – the need for it and ways it wants to birth now.** Self can be the trigger, recipient or mentor at moments like these. Here, "five" can highlight improvements for one being, the world and/or others nearby. It also signals "growth", "adventure", "newness". We don't always accept these invitations gracefully.

Egoic self can resent shifts that it hasn't predicted and refuse to let them show how they can add value. Yet, "five" says "Stretch, ready or not!" Sometimes, we delight in this; at others, we gripe. Breath, always breath, helps us beyond road blocks but only when we engage with it. **"5", "6", "3" and "0"s at birth number level, this month, flag chances to explore and co-create fresh, great fields. Perceptual, habitual, physical, social.... what are you ready for?** "Five" and "three" are active numbers. They want all of self embracing flow. Life is a river. We journey best when we allow it to do what it needs. None of this should breed couch potatoes. We're co-creators; partners of life who have a say in things.

So... "June"s birth numbers are hinting at some solid and rewarding shifts in perspective. Not knowing is never the issue even though it can do people's heads in. **Over-mindful self grapples with such states. It likes stuff that it can bank upon. Don't we all in some way or another? G'day, human!** As long as we can see, ask, speak, listen, we will ultimately manifest the right things. Nothing is "just" the moment before something new, solid, on track starts. Come out of driving and tensing over what is unknown. Yes, life can be spooky but that doesn't mean you're downward bound.

### **Clearing Cards® help you (re-)connect**

Life flows best when we let go of all egoic self. Mind can pull us off-track. Taking time to reboot makes a difference. Everything's linked and explained, assuming we allow that to happen. **Psychic & Energy Work's Clearing Cards® carry two levels of message. Either or both can help you shift and intuit more.** To purchase or read more, go through to Fran's [Shop](#).



### **The M.O.s, this month, are "14/5" and "117/9"**

good foundations make healthier outcomes

.... so do clear mindsets – stances that enable self to see what it needs to and stay present. Through experience, we learn how, when and what to do. That starts with being; emanating the right vibes (thoughts, feelings, self-talk, etc). This month could reveal more, to you or others, on this level.

**Closure, "9", features as this "June"s specific M.O. "Nine" flags compassion. When we're focused**

**on achieving, we can forget to channel this.** Some people don't. They are the heroes; the ones who don't get blinded by need or want. Over busy years can pull self's focus inwards and find us less able to do such things.

"Eight" zones help self reconnect to core values – care, forethought, justice, fairness.... This month seems about to help us all wise-up about what truly breeds peace, balance, love. **Only when self's resonating in these states does it truly feel that it's achieved. "8", this year, as "success" helps people learn, live, channel, exemplify this.** "Four" denotes structures, frameworks. What states are your habits and mindset growing? You might want "good" but are your approaches mirroring that? Here, "4" asks self to examine what and how it's radiating.

We can only build with and on what we have already, right? This starts with our concepts, thoughts, intentions. **We can hear this all the time: what self attracts is determined by its conscious and unconscious narratives.** Our internal chatter – the stuff "I" am aware of and not – acts as an instruction and manifesting magnet. "2030", one of this "June's" birth numbers (above), could guide you through such learning curves.

"Seven" boosts the role of mind as a shaper. Do you know that you can mentor it to achieve real goals? It goes without saying... silent chatter can nag at self whenever we allow it to. Do you come back to quiet on a regular basis? **Unconscious thoughts drive self until we sense that we've become their victim again. How do you care for you as a creator?** Discovery should boost awareness this month, as hinted at by the double "1" in "117". Life's forever showing self something. We never get to sit still for too long. This is where growth becomes adventure, attainment, fulfilment.

You know, self's designed to keep moving on some level or another. Resting in any place or state too long, tends to promote stuckness and staleness. **"5" can be read as flexible being; inclusion, patience, universal mind. It's a phase that asks folk to embrace all that life can be for all "me" and "you" right now.** Here, "five" guides self to become more wholistic; accept and consider all in its landscape. We grow best by supporting and considering each other. No one likes to be nagged or brought down. "5" is self as a change agent; understanding the importance of open and constructive mind. "You can do it!" could be asked of you – to next level - as a mentor and message-maker this month.

So? Don't be shy about stepping into such things as one of your next missions this life. We're here to co-create a realm that we all physically and spiritually thrive in. All means all; no being left out. **How might you, this "June", bring all of creation with you into good? That can seem an enormous challenge but doesn't need to play out as extra weight.** Self isn't Source. We're here as receivers who are meant to witness, glean, then channel well. By releasing everything in mind's eye first – our own and others' - we give life (and Source) room to shift, heal and inform.

Lastly? Interestingly, if I feel 100% right, you will too. It can pay to remember that we're all intuitive and connected. Tension and imbalance only take root when we overlook something that matters in a spiritual sense. **Use time – those "0"s! – this "June" to help you (re-)unite with all of life anew. Breathe, exercise, in ways that help release every sense of pushing, drowning, striving, alone – your own or not.** Let all landscapes shape-shift as they now need to and can. Atoms move whenever

we allow this. Listen to gut feel. Help all body and mind come back to quiet. That's the point at which everything is really in flow.

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### **clearings, healings & meditations over video or phone**

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### **"June" delivers reality numbers "20/2" and "2147/5"**

better positioning, building, attaining

... and, with that, a sense that life is flowing as it should. "5" can be the time when change comes calling as a corrector (more than usual). These dynamics started emerging noticeably last month. "20" is another master number. **The "0"s, this "June", indicate a special time. Karmic patterns that double, triple up, etc and/or contain "noughts" speak of a zone for rightful change.** We're being guided out of "what I want matters more than any-thing or -one else" with 100% awareness. The "1900"s and early "2000"s helped selves nose-dive into those states too much. No bling or image matters more than breath. Is it any wonder that life's now helping perceptions, goals and acts to shift?

"Getting house in order" is another way to write the above. Use your time, this "June", to line your life up well - inner and outer; witnessed and silent. It's also mid-year. The halfway point often sees a shift out of so much realising. **We're in a zone where life and each self's journey wants to now solidly, productively, turn. Folk often spend the first half of any cycle getting the hang of what it wants to show them.** Around midway point, the space opens up and life/people start feeling free again. It's a bit like releasing students after straight class time. People often sense these shifts.

How we step forward stems, in part, from our mantras. This is why healthy use of downtime matters so much. When self's feeling stuck in low, down or "bad", it's easy to forget that it plays a powerful part. So... again.... use space to check how you're standing. Are you testing limits to see if they can clear? Quality time-out is key - exercise, mediation, getting to spaces that are peaceful to be in. **Beaches, bush, forests, etc.... nature helps people heal. Within this, review your digital habits. Technology winds up energetically. It helps us a lot, there's no denying, but ain't good-vibe-breeding when it's given too much scope.** This could be where "4" helps you review how and what you're helping to grow. Soul has no need for mobile phones or online networks.



You know, numbers can flag what self is about to discover. They can also indicate how she/he/they is/are about to be used by Source to exemplify, mentor, shape. **“Be the change you seek” is a common catch-cry and so important currently. We each have the strength, ability and scope to bring about change wherever that is needed. Remember: we’re shedding centuries of habit; breaking free of givens that now need upgrades.** Models are currently decomposing wherever they don’t wholistically benefit. This invites us all to see through fresh eyes and to channel soul’s best to actualise all futures well. Not knowing ain’t the issue. It never has been. What matters is how we respond in the moment. That shapes what unfolds next. Be the agent for “all” that life, in “June”, invites you to be.

In concluding then? You’re no more or less than any other even if old models suggest the contrary. Only egoic self excludes or devalues other beings, nature, planets, world. We’re witnessing this message on many levels right now. It’s here to inspire, not deflate. Use time and space, this “June”, to help you sense all you can of potential, change and how to birth that. **The more we step into “everybody can win”, the more we help life flow as it can. Egoic mind is a gripper, a doubter. Wherever that emerges, breathe to let it flow past and away.** The universe hates a space as much as any being. Help goodness drop in by “simply” releasing all gripping, “I, me, my” and downward view.

Doing the above, helps us live and breathe our “I can”. “5” is adventure; witnessing; becoming more. This year and this “June” are loaded with vibes that want to see humans kicking goals and happy with life. **We sow to reap; clear to receive. Allocate space to life to “simply” deliver what you and all else needs.** “5” is “I can” as a place that’s discovered; a stretching of what we’ve known thus far. All in all, then, your “June” could help you step onwards and upwards in all the ways you know you can. Have a good one!

### What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I’ve outlined the collective rhythms for this month but have not talked about your **personal** chart. **Readings that merge numbers with intuitive downloads can help you transition through all sorts of things.** They’re all about soul - linking to and channelling it more - and what can occur when we do this.

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[Click here](#) to watch Fran's Monthly Update for "June 2024". It supplements the [Monthly Observations](#) and, hopefully, helps you. As energetic and mental beings, we're great collectors. This year is helping people free up from what no longer fits. Through this, we create space to receive newness (and what's needed to manifest future well). Mind and aura are gathering spheres which benefit from release work, too. This month's Update explores these topics and offers exercises to help you practically clear and reboot.

**Oh and remember to revisit this page and section from around July 15 to watch Fran's Update for next month.**

**open up for newness to flow in as it can**

[contact](#) Fran to learn, get support or ask a question