

The Monthly Observations

for August 2024



Welcome to Psychic & Energy Work's *Observations* for "August 2024". They aim to help you make sense of things, life, as it unfolds. Implicit in this is intuition and how it exists to inform you. Numerology adds amazingly to this when it is used on a spiritual level.

These *Observations* can be worth reading with *This Year's* forecast. Do that [here](#); scroll down to discover what's in store *This Month*; visit [The Archives](#) to review last or earlier months.

Recapping last month...

"July" brought space to digest this year, especially recent times. "6"s teamed up with "0"s, "3"s, "4"s and "7"s to boost the need to reflect a little. This may have led to more sense and grounding, assuming you let dynamics speak. Did you sense notable shifts last month? Well done if so. There's more to do yet.

I've advised before: "2024" wants people getting more of their recipes right. It's a twelve-month phase. "July" is part "7" so it can pay to focus on allowing and discovering at this stage. **Goals, of course, are important but life is a process. We seem to be syncing into this louder this year.** Know you're doing well to attract your next, great bits.

Achievement is a step-by-step unfolding no matter how smooth it looks from outside. Some major shifts came around last month's full moon. If you experienced this, congratulations! **Life only withholds to help us sense and begin embracing our next, real, palpable up. The Divine doesn't have arms, legs or loud voice. It often offers guidance in a more subtle way.** Egoic reality's the opposite. It always uses volume, obviousness. Source/Life uses blocks, lack and inaction as lamps that nudge self towards fulfilment.

Mind-full "I" can misread these moments as punishment or lack of universal love. Egoic self is a creature of habit. It tends to tense up when flow (life) turns without its endorsement. That's fair enough - "what's going on?!" is a question that makes and seeks sense. **One is oh-so-"lucky" to live in a supportive space. Yet what's not right emerges to prompt self to aim for and co-create better.** Self-affirming life – one's own and all others' – flows out of our self-talk (predictions and narratives). They, in turn, are fuelled by assumptions. This year wants people tapping into more possibility.

Self often manifests what is perfect by, initially, wading through bogs. Actualising spiritually and energetically well can need mind released in total. **Your own and others... jettison all pessimistic mantras. All narratives impact progress.** Last month sought healing and peace on deeper levels. Where did you experience this? Many are re-learning how self creates harmony. Everything starts as an invisible "is". We can, at times, view balance as an end-point only, forgetting it is shaped (or not) by self's input.

Review Fran's full *Observations about Last Month* in *The Archives*.

Also – even now! – get across her [Observations for This Year](#).

Would you rather hear the *Monthly Observations*? order your files [here](#)...

Oh and click here to read the *Observations about 2024*. 😊

Psychic & Energy Work offers face-to-face, video, phone or email consultations. Every format is just as effective. **To book or ask a question, contact Fran [here](#).**
ps... Fran's not on email all of the time. Call or sms for a prompt reply.

THIS "AUGUST'S" PROFILE

Each month delivers its own dynamics which interact with the year's chart. **Checking out the numbers in this respect can help explain what's going on.** Profiles like this can boost resilience, stamina, confidence, trust in life. Outlined below are this "August's" key numbers followed by some *Observations*.

Oh and ps.... It might be worth reading my [Observations about This New Year](#) before you continue. They will reinforce what's discussed below and, hopefully, add value. Click here to read them and [here](#) if you'd rather listen to them.

This Month's Chart

	<u>each year</u>	<u>in 2024</u>
Birth Number - what we're here to learn about & exemplify again	8	2032/7
M.O. – the rhythms/lessons that will steer us to the birth number	17/8	120/3
Reality Number - the spiritual result(s) of doing such things	25/7	2152/1

This "August's" numerological tally....

Combined with the year's numerological profile, this month offers the following count. Examining a chart from this angle can help to explain what's going on. It doesn't, in itself, signal "good" or "bad". Life often delivers a mix of those wavelengths. What we can find initially jarring comes to guide us to better end states if we let it.

The tally for this "August" is:

Number	0	1	2	3	4	5	6	7	8	9
Frequency	4	6	9	4	2	2	-	4	3	-

When a number presents three or more times, its energetic and spiritual themes (and lessons!) tend to increase. **Bear in mind that the above doesn't talk about your personal chart at all. The numbers in that will reinforce the tally above. Get in contact if you'd like me to explore this with you. Whilst numerology is only one frame, it can help us make sense of dynamics as they play through.**

Let's look at how this month could present for you.....

"8" and "2032/7" are this "August's" birth numbers

it's time to channel wisdom and get a few more things in order

This month, "August", could ask you to reboot as an independent and public soul. The birth number points to what life's about to help self to be and become. **Spiritual wisdom births over time, assuming we can let it in. "7" and "8" visit as birth numbers, this month, to reveal more again.** "Seven" helps people "get it"; "8" gives space to implement what self's learnt. Both dynamics encourage fulfilment that's precise into the long-term.

"July's *Monthly Update* outlined how awareness-boosting vibes have hovered all year. Go through to watch that video by [clicking here](#). **Single digits breed "just do it" wavelengths – more than ones that partner up. They cry, "I am this!" and, for this reason, can play out as simpler or blunter.** They can, therefore, feel more direct as lessons; times when guidance "just" gets to the point. Up until "October" every year, single-digit birth numbers hover.

"8" says "just cook"; "just cull what's not working"; "just take up what does"; "leave all else alone". **As adults, we come with and live in patterns. We might know this but change can require a moment's adjustment.** "Eight", said before, is a zone for precision; it helps self realise what its dreams need in thought, projection, allowing and action. "August" might pull you further into this. "Seven" also clarifies, often revealing how goals are best met. The moment we decide to go for "that milestone", the universe hears and takes up the challenge.

Progress doesn't always unfold as peaceful. Shake-ups can be needed before a smoother ride kicks in. "August's" specific birth number, "7", flags that life could guide you beyond ill-fit and limit. **Life rattles self in order to dislodge lesser states, habits, vibes. Just as a rug need shaking after a picnic, spiritually-right progress can need self to dust off first.** Change comes to stir, blowing the aura, mind, self free of debris, links, patterns. This "August" could find you starting to build on what you sensed earlier in the year.

"2032" is a creating, channelling rhythm. Containing almost of the digits "0" to "3", it flags self building in solid, future-caring ways. Hence? **This "August's" chart speaks of fulfilment. Three "8"s will highlight "what goes with what" to each self's next best level.** Life is a river. For you and all else, how can you help it peak as a flow? This is worth exploring: all of creation begins as a nothing-filled space.

Hence, "0" is the moment just before solid stuff births – calls, income, chances to grow. Self doesn't always remember this. **Optimism or doubt, we attract what we affirm. Pessimism, fear – all thought – is a message to Source about what self is ready to let in next.** It, therefore, pays to embrace louder "0" moments with grace.

"1" helps people find their purpose, illuminating what "my" life's about. "2" pulls "me" into social, interacting spheres to confirm and/or challenge self's sense of "I am". **"3" creates a zone for exchanging, creating, expressing all that's been learnt. By the end of that phase, we're sorta familiar with life and energy flow.** That sees people ready to build - good, bad, indifferent – setting up future scapes. This "August's" birth numbers should guide, push, pull you and others towards constructive, long-term gain.

So... "August's" chart flags self harnessing what it's discovered in recent times; experimenting with those observations; determining their practical value in the "real" world. **In a sense, this month could feel "Master Cheffy", helping folk place themselves, life, things better.** Greater precision is a "7" and "8" output; a greater sense of what fulfilment needs. Such states help self co-create better, wiser, grounded in truth. "Seven" also flags a zone full of thought. Life could be about to help you get out of your way and let more goodness come through.

Clearing Cards® help you (re-)connect

Life flows best when we let go of all egoic self. Mind can pull us off-track. Taking time to reboot makes a difference. Everything's linked and explained, assuming we allow that to happen. **Psychic & Energy Work's Clearing Cards® carry two levels of message. Either or both can help you shift and intuit more.** To purchase or read more, go through to Fran's [Shop](#).



The M.O.s, this month, are "17/8" and "120/3"

space gives us room to intuit; realise important things

This is interesting! Observe how many of the numbers in this month's M.O.s repeat on the birth numbers. Repetition can see dynamics magnified. It can also flag more focused learning or prompts. **The M.O. tells us how life's going to help self channel and arrive at the birth number states. Highlighting more about self-ness and knowing, life will help people know new things at core**

("17"). "Seven" is mind, thought waves, opinion. It can flag self's role in shaping, influencing, such things at core.

Where "7" is "I know", "8" is "I am going to". We manifest out of what we know/believe. Noted before, "eight" can want people realising (and releasing) what doesn't fit. This year, being "8", is all about this. Have you been culling, updating, etc? **The universe is invested in every life, even non-human and -animal. It's "funny" how often people don't know this.** The very fact you're here proves your full, great worth. Egoic self doesn't value what's not solid, big, loud. Every part of creation has a purpose.

Indoctrination, at all sorts of levels, pulls people out of confidence. The key, in these times, is to honour your need for spiritual connection. **Source is up, real and communicative. We get out of its way by letting silence reign, internally and externally.** "120/3" – one of this month's M.O.s - reinforces "2032" (above). "Three" can find folk realising. It's also a time for communicating to and with yourself, others, nature, guidance. How are you going at harnessing quietness at these levels? "3"s also "flow" as a rhythm and growth curve. It teaches self how to swim with life and let (help!) energy burn well. **When "three" repeats, people can glean a lot about expression – verbal, gestural, intuitive. Everything speaks if we give it the chance to.** "3" can signal processing, problem-solving, in ways that make adventures/paths brilliant. Clarity around past, present, future is due to birth in helpful ways.

"August" might leave you feeling as if you're more "on track". Energy shifts when self hits upon the truth as a problem or opportunity. **As we come to know stuff precisely, body and path somehow clear. There is so much potential hovering this "August".** It's worth re-reading about the birth numbers (above) at this point. Remember, however... "8" can be busy. That's nothing new in "2024"! "Eight" phases help self into best practice as a conscious, grounded, soul-aligned manifester. Great results need good timing and forethought. Through this, we cook good bread and thrive.

"8" phases come to tighten boundaries. We attract whatever we think, feel, entertain, project. Nine "2"s, this month, will help you know and channel these wisdoms louder again. **"Two" flags position as an offering and lesson. So much unfolds out of how self approaches things.** "120" is a master number. Those vibes tend to bring more spiritual and invisible rhythms. "0" can also be read as Source deciding to make Itself more known, in ways folk can't deny. If you somehow get more spiritual this month, in public or private, don't be surprised.

clearings, healings & meditations over video or phone

... not to mention readings and other forms of energy work. Life can present in ways that stun, often just as we need to stay grounded. **Via phone, video or email, Fran tunes in to help you understand and clear.** Sessions are recorded so that you can revisit the guidance you're given.

Enquire or make a booking [here](#).

Read google reviews [here](#)

"August" offers the reality numbers "25/7" and "2152/1"

a greater sense of what life wants for, from and around you

"5" is change, growth, evolution. Can you sense how this can stem from the above *Observations*? It can also flag the need for flexibility, tolerance, forgiveness. **Allowing is a great "five" descriptor. It asks self to work with whatever unfolds.** All numbers do but "5" can magnify this. "Just" using breath can see self floating through and out of storms. The reality number flags where we'll come to egoically and/or spiritually. All numbers offer and point to choice. Specific, fixed, physical outcomes aren't guaranteed.

We don't always let what's best for all surface. The RN denotes where we'll end up invisibly, internally and in outer spheres. Two "fives" in this part of the chart hint at minds and perceptions stretching. **Patience can be required (and tested!) whenever "5" hovers. Life only does this to lead us to more good. Sooner or later, that realises. In the process, fuses can blow; bonds can be tested; beliefs, trust, knowledge can be tried.** "Five", you see, can play out like boot camp, especially for narrative- or prediction-filled self. It often helps folk link back to big picture by first amplifying fixations. An active number, it's prone to see us doing, aiming, striving too much. "8"s and "7"s in other parts of the chart, this "August", might help you release, fine-tune and clear out.

Lastly... "Five" chapters can feel like they're going to break self; upset all the progress one has achieved. Egoic self, remember, is a habit-loving and -breeding creature. Goals can help us focus in great ways. **"5" can find self too busy striving - so can this year, "8". When this happens, life can start flagging how we might benefit from a break.** "5", you see, is "relax and allow flow"; "dance with the river (there's no point resisting)". As a phase, it can show us how everything happens for good (as in, long-term, spiritual) reasons. Through this, self learns to observe, appreciate and harness flow. Life's constantly helping us live in a way that all of creation can thrive and delight in.

What about your chart?

We each have a specific numerological profile that stems from our date of birth, full birth name and last birthday. I've outlined the collective rhythms for this month but have not talked about your **personal** chart. **Readings that merge numbers with intuitive downloads can help you transition through all sorts of things.** They're all about soul - linking to and channelling it more - and what can occur when we do this.

Contact to book a session concerning past, present or future, or energetic phenomena;

Organise meditation sessions and files, and audio files;

Buy my Clearing Cards®;

Read about last month or earlier in [The Archives](#);

Check out my [courses](#);

Read some [articles](#); and

[Click here](#) to watch Fran's Monthly Update for last month. It supplements the [Monthly Observations](#). Most months of 2024 have higher "3", "4" & "7" tallies. That can amplify mind dynamics. These three numbers, literally, help us realise, understand and learn. This year, as an 8, also boosts the need to make sense of life at the individual level. All of these vibes can team up to help self become more practically wise. They can also boost the sense of imbalance as an inner or outside state. This month's Update discusses these dynamics with some practical tips at the end.

Oh and remember to revisit this page and section from around August 16 to watch Fran's Update for this month.

use and honour space to help you attract, channel and co-create best

[contact](#) Fran to learn, get support or ask a question